



ACTION
— HIGH —
PERFORMANCE

INFO SHEET

Shockwave Therapy for Soft Tissue Injuries

WHAT IS SHOCKWAVE THERAPY?

- A non-invasive treatment that uses acoustic waves to stimulate healing in soft tissues.
- Helps reduce pain, increase circulation, and accelerate recovery.
- FDA-approved for treating various musculoskeletal conditions.

WHY CHOOSE SHOCKWAVE THERAPY?

- Fast and effective pain relief.
- Non-surgical and drug-free.
- Improves mobility and function.
- Stimulates natural healing processes.

HOW IT WORKS:

- High-energy sound waves are applied to the affected area using a handheld device.
- These waves enhance blood flow, break down scar tissue, and promote cell regeneration.

CONDITIONS TREATED:

- Tendonitis (Achilles, rotator cuff, tennis elbow, etc.)
- Plantar fasciitis and heel spurs
- Muscle strains and tears
- Ligament injuries
- Chronic pain and inflammation
- Scar tissue reduction

TYPICAL TREATMENT PLAN:

- 4 to 6 sessions recommended for optimal results.
- Sessions scheduled every 4-7 days.
- Treatment duration: 10-20 minutes per session

PRICING:

- \$150 per session.
- Unlimited monthly package: \$350 (ideal for consistent treatment and faster recovery).